



Understanding Children and Young People's Mental Health

One in eight people aged 5 to 19 now have a diagnosable mental health condition, such as an anxiety disorder, depression or a conduct disorder. This course aims to increase candidates' knowledge and awareness of children and young people's mental health. They will explore the factors that make an individual more vulnerable to developing mental ill health as well as the factors that can protect their well-being.

Eligibility

This training programme is fully funded for those aged 19 and over (*Eligibility is generally unemployed and in receipt of benefits*).

Course Delivery & Duration

This is a distance learning programme which requires you to have access to a computer and internet. Once enrolled you will be given access to our digital platform with online learning materials and online assessments. This course can take up to 6 weeks to complete.

For further information please contact Group Horizon:

Call: 0191 4977 722

Email: info@grouphorizon.co.uk



Qualifications

On successful completion of this course you will receive a **Level 2 Certificate in Understanding Children and Young People's Mental Health.**

Course Content

Units covered during this programme include;

- Understand children and young people's mental health in context
- Understand factors which may affect children and young people's mental health
- Understand children and young people's mental health concerns
- Understand the impact of children and young people's mental health concerns
- Understand how to support children and young people with mental health concerns

Progression Opportunities

By undertaking this programme, learners will be able to further their own continuous professional development, which may improve their career prospects. Learners may then progress on to further qualifications, such as other courses in health and social care or related subjects.

Why Group Horizon?

Group Horizon provide a specialist range of training and workforce development programmes. Our nationwide offer includes Apprenticeships, Functional Skills, Adult Short Courses and Skills Development Programmes. Group Horizon's training is designed to be hands-on, teaching transferrable skills that can be used immediately in the workplace.

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